

Public Health Resources for Schools 2003-2004



 **Public Health**
Seattle & King County
HEALTHY PEOPLE. HEALTHY COMMUNITIES.
(206) 296-4600
www.metrokc.gov/health

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Clinical Services and Health Access

Affordable health services* for students and their families:

- Dental
- Pediatric and adult primary care
- Birth control**
- STD testing and treatment**
- Maternity Care/Maternity Case Management
- Pregnancy tests and referrals for prenatal care, adoption or abortion**
- Immunizations and TB testing
- WIC
- Help applying for state funded insurance programs

**Services vary at each site*

***Confidential services for adults and teens*

Alder Square (Kent)
1404 Central Ave. S.
Suite #112
Kent, WA 98032
(206) 296-4708/4666

Columbia
4400-37th Ave. S.
Seattle, WA 98118
(206) 296-4650

Eastgate
14350 SE Eastgate Way
Bellevue, WA 98007
(206) 296-4920

Kent Teen Clinic
(teens only)
613 W. Gowe
Kent, WA 98032
(206) 296-7450

North Seattle Dental Clinic
12359 Lake City Way NE
Seattle, WA 98125
(206) 205-8580

Auburn
20 Auburn Ave.
Auburn, WA 98002
(206) 296-8400
(253) 833-8400

Downtown
2124 4th Ave
Seattle, WA 98121
(206) 296-4755

Federal Way
33431 – 13th Pl. S.
Federal Way, WA 98003
(206) 296-8410

North
10501 Meridian Ave. N.
Seattle, WA 98133
(206) 296-4990

Northshore
10808 NE 145th
Bothell, WA 98011
(206) 296-9787

- ❖ Free or Low Cost Health Insurance
- ❖ Healthy eating
- ❖ Immunizations
- ❖ Injuries and violence
- ❖ Oral health
- ❖ Personal health
- ❖ Pest Control
- ❖ Restaurant inspections
- ❖ Safe food and water
- ❖ Sexual health
- ❖ STDs
- ❖ Tobacco prevention

On-line information in Spanish can be found at
www.metrokc.gov/health/espanol



- Epilog newsletter regarding communicable diseases in King county is available on-line at: http://www.metrokc.gov/health/phnr/prot_res/epilog

Environmental Health

Provides safety inspections, food inspections, and consultation on environmental problems.

- Seattle school district (206) 296-4632
- E. and N. King County school districts (206) 296-9791
- S. King County school districts (206) 296-4666

Students or staff who need food handler cards can call the Food Handler Card Hotline at (206) 296-4791 for information about testing dates and locations.

On-Line Resources

Public Health Website:
www.metrokc.gov/health

School staff, students and their families can access information about:

- ❖ Alcohol and other drugs
- ❖ Asthma
- ❖ Bioterrorism
- ❖ Birth and death records
- ❖ Child and youth health
- ❖ Chronic diseases
- ❖ Codes and regulations
- ❖ Communicable diseases
- ❖ Disasters
- ❖ Disposal and waste
- ❖ Emergency medical services
- ❖ Environmental hazards
- ❖ Family Planning

Renton
3001 NE 4th St.
Renton, WA 98055
(206) 296-4700

Southeast Dental Clinic
10700 SE 174th St.
Suite 101
Renton, WA 98055
(206) 296-4955

White Center
10821 8th Ave. SW
Seattle, WA 98146
(206) 296-4620

Dental Services

For dental care referrals or information call the Community Health Access Program (CHAP) at (206) 284-0331 or (800) 756-5437.

School-Based and School-Linked Health Centers are comprehensive primary care clinics that provide medical care and mental health screening and treatment for young people. For more information call Linda St. Clair at (206) 205-0600.

School-Linked Health Centers*

Youth Health Center - Renton
Group Health Clinic
275 Bronson Way NE
Renton, WA 98056
(425) 254-2710

*Services available to all teens, regardless of school enrollment

Youth Health Center - Burien
Highline Comm. Hospital
457 - SW 148th St.
Burien, WA 98166
(206) 439-9300

*Services available to all teens, regardless of school enrollment

Seattle School District School-Based Health and Wellness Centers*

Aki Kurose Wellness Center

Ballard Teen Health Center (206) 784-2142

Cleveland-Harborview Health Center

(206) 521-1260

Denny Wellness Center (206) 923-2809

Franklin Teen Health Center (206) 326-2750

Garfield/NOVA Teen Health Center

(206) 860-0480

Hale/Summit Teen Health Center

(206) 363-8291

Madison Wellness Center (206) 923-5462

Rainier Beach Teen Health Center

(206) 296-4639

Roosevelt Teen Health Center (206) 527-8336

Sealth Teen Health Center (206) 938-1360

Washington Wellness Center (206) 568-3327

West Seattle Teen Health Center

(206) 658-8048

*Student must be enrolled at the school to receive services

Adolescent Health Access Specialists assist with:

- State funded insurance applications
- Transportation resources
- Accessing mental health and drug/alcohol resources

Seattle, Shoreline school districts: Celia Thomas

(206) 205-6035

Renton, Tahoma, Issaquah, Federal Way school

districts: Patricia Garcia-Lantz (206) 205-1707

Access & Outreach to Health Care staff provides state funded health insurance information and application help to low-income families in person, over the phone and in the community.

Seattle: Daphne Pie (206) 205-5196

South King County: Cathy Aby (253) 874-7642

Latino Outreach: Miguel Urquiza

(206) 296-9871

- Provide small grants to plan and implement tobacco prevention strategies.
- Provide opportunities for students to volunteer for community service hours through the health department.
- Tobacco Prevention Website at:
www.metrokc.gov/health/tobacco

For more information call Paul Zemann or Michael Leon-Guerrero at (206) 296-7613.

Violence and Injury Prevention Program

improves the safety of children and the community through coordination of traffic safety with a focus on drinking and driving along Highway 99, safe storage of firearms, bike helmets, and drowning prevention.

For more information call Tony Gomez at (206) 296-4205.

Communicable Disease Control, Epidemiology, and Immunizations

- For consultation or to report communicable diseases, 24 hours a day, 7 days a week, call (206) 296-4774.
- Notifiable conditions report list is available on line at: <http://www.metrokc.gov/health/providers/cdconditions.pdf>
- General communicable disease list and immunization information is available on line at: <http://www.metrokc.gov/health/prevcont>
- Recorded information about communicable diseases, immunizations or about current disease outbreaks: (206) 296-4949
- VacScene Newsletter for health care professionals on childhood vaccinations is available on line at: http://www.metrokc.gov/health/phnr/prot_res/vacscene

Child Care Health Program

Public Health Nurses, Nutritionists, Health Educators provide training, education, consultation and referral to child care staff to promote safe and healthy environments for children.

Seattle school district: Judy Gangle, Public Health Nurse **(206) 205-9027**

All other school districts **(206) 296-2770**

Alcohol and Other Drug Prevention Program provides

- Prevention activities for youth including peer helping, mentoring, and youth leadership
- Technical assistance for providing school-based prevention activities
- Parent education and teacher training
- Allocation of small grants for community and youth groups to plan and implement training and drug-free activities

For more information call **(206) 205-5777**.

Tobacco Prevention Program provides:

- Certification trainings for school staff on policy development and enforcement, youth access/possession, "Tobacco 101", peer education programs such as Teens Against Tobacco Use and the 5-A intervention model for treating nicotine dependency.
- Classroom presentations that utilize a multi-media approach to depict tragic health problems of smoking, the hazards of secondhand smoke and media literacy
- Tobacco diversion programs for students found in possession of tobacco products (in lieu of suspension)
- Technical support and consultation to answer tobacco related questions and to provide assistance with health fairs, finding speakers, and event planning

Health Care for the Homeless Network

Free medical care for homeless youth in Seattle and King County, including:

- Primary Care
- Mental Health and Chemical Dependency Counselors
- Acupuncture and Naturopathic Care
- HIV/STD testing

For more information call Laurie Becker at **(206) 205-5827**.

Health Promotion and Prevention

Oral Health Program

- Dental sealant program to targeted elementary schools
- Oral health curriculum ("The Tooth Tutor")
- Consultation and training for school nurses

For more information call Peg Terp at **(206) 296-4572**.

Teen Pregnancy and Parenting Services

Public Health and its community partners provide a range of services that support teen parents. Best Beginnings, TAPP (Teenage Pregnancy and Parenting Program), and Eastside Healthy Start provide support and home visiting services for teen mothers and their families. To refer a teen in:

Seattle call Breen Lorenz at **(206) 296-4765** or your local Public Health Center in Seattle.

Renton, Auburn, or Kent call the Renton Public Health Center at **(206) 205-1654**.

East King County call **(425) 869-6658**.

Maternity Case Management and WIC are available for teens at all Public Health Centers.

SafeNet

An Eastside community partnership that links “at risk” students to agencies and resources as they transition to middle or junior high school. For more information call Linda St. Clair at **(206) 205-0600**.

Health Education, Training and Consultation

Public Health Educators in the Family Planning Program provide:

- Sexuality education training for teachers
- Support in providing F.L.A.S.H. (Family Life And Sexual Health) - an age-appropriate, medically accurate and comprehensive sexuality education curriculum for grades 5 - 12 and special education students developed by Public Health Seattle & King County
- Co-teaching and modeling for new teachers
- Technical assistance for school districts on sexuality curricula
- A website (www.metrokc.gov/health/famplan/) with teacher resources and lesson plans
- Assistance with curriculum parent preview nights

School district: Auburn

Health Educator: Becky Reitzes **(206) 296-8405**

School district: Federal Way

Health Educator: Kari Kesler **(206) 296-9864**

School district: Highline, Tukwila, Vashon

Health Educator: Lois Werelus **(206) 205-7221**

School district: Kent

Health Educator: Andrea Gerber **(206) 205-8683**

School district: Northshore, Lk Washington, Bellevue, Mercer Is., Snoqualmie, Riverview, Skykomish

Health Educator: Robyn Achilles **(206) 296-9812**

School district: Renton, Tahoma, Issaquah

Health Educator: Tony Silvestrin **(206) 205-1708**

School district: Seattle, Shoreline

Health Educator: Beth Reis **(206) 296-4970**

Public Health Educators in the HIV/STD Program provide:

- Training and consultation for school staff and educators on HIV, STDs and blood borne pathogens: **(206) 296-4649**
- Educational brochures and free video rental: **(206) 205-7837**
- The HIV/STD Hotline for information, referrals, and to schedule testing: **(206) 205-7837**
- HIV Resource Library for access to research and scientific information: **(206) 296-4649**
- An up-to date website (www.metrokc.gov/health/apu/) with statistics, teacher resources and lesson plans

Safe Schools Coalition protects children from bullying based on perceived sexual orientation by providing:

- Training for staff on bias-based harassment
- Classroom resources
- Local and national data
- Consultation on anti-bullying policies

For technical assistance call Beth Reis at **(206) 296-4970**.

For general information call **(206) 632-0662 ext 49**.

Students and/or staff experiencing bullying or harassment can call the Safe School Crisis line at **(888) 307-9275**.

www.safeschoolscoalition.org

Asthma Management Services

For assistance with student-focused or school-focused asthma management issues and concerns call Maythia Airhart, King County Asthma Forum **(206) 205-0523**. South King County School Districts can also call Kathy Piggott, South East County Asthma Management Project, at **(425) 228-3440 ext.3497**.